

Centre d'appui aux enfants et à la jeunesse SeaStar

Halifax (Nouvelle-Écosse)

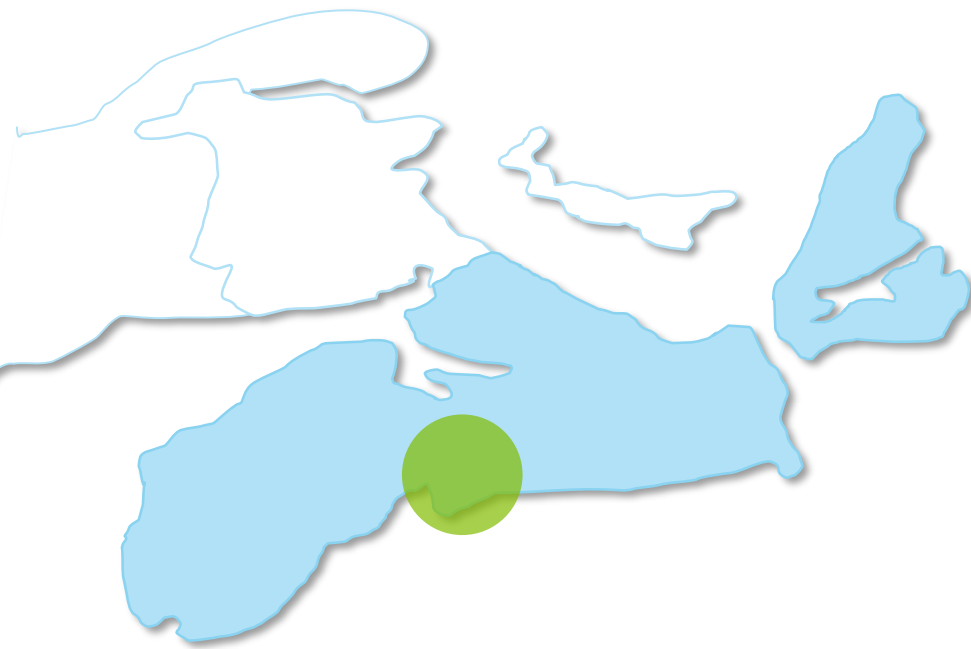
Amy E. Ornstein, MDCM, FRCPC, FAAP, MSc

Christina Shaffer, BSc





https://youtu.be/1LUb6_28osw

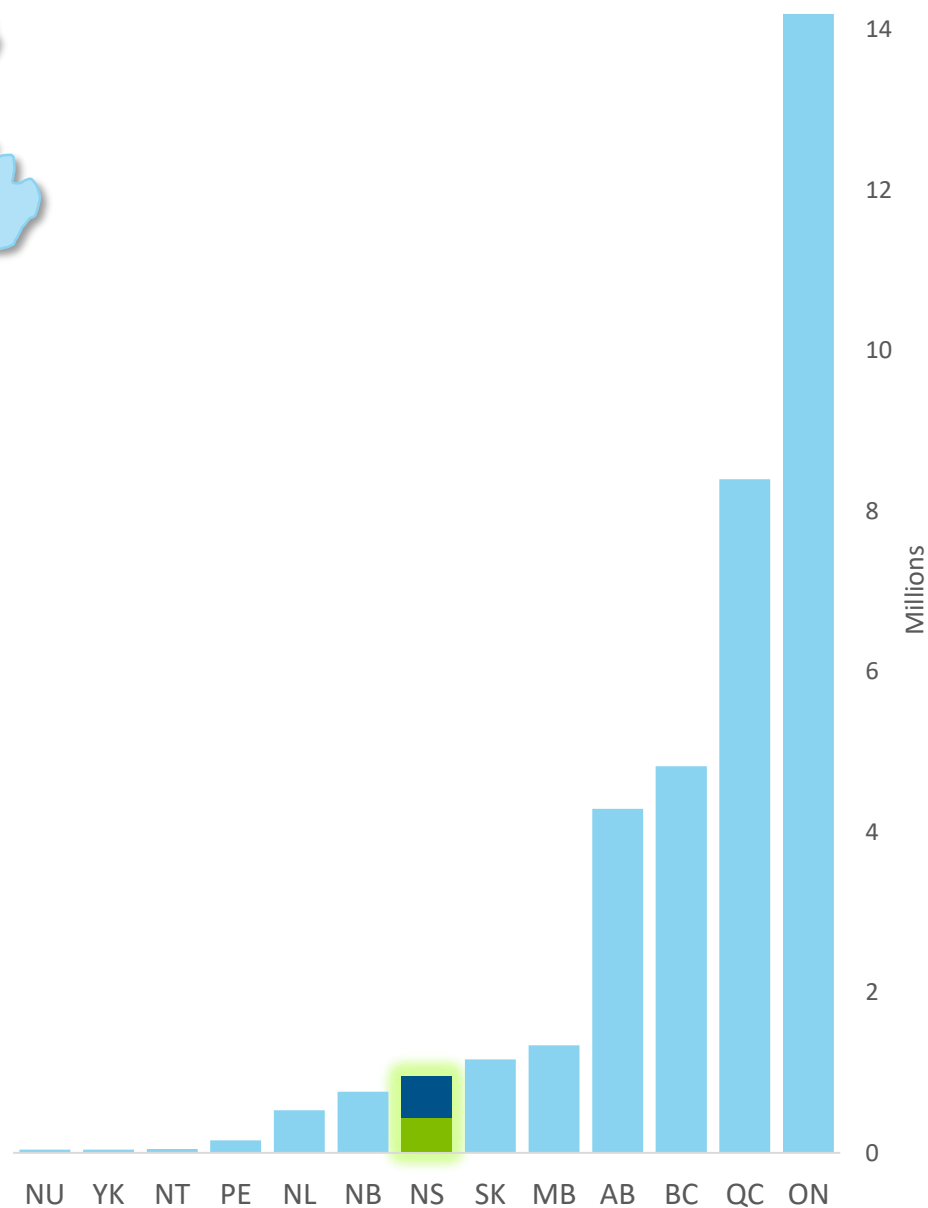


2017

Population

Nouvelle-Écosse : 923 598

Halifax : 403 101



Halifax



Centre de soins de santé IWK





The
**SUSPECTED
TRAUMA &
ABUSE
RESPONSE
TEAM**
(START)

SeaStar

Child & Youth Advocacy Centre



Vers 2005

Discussions de
parties
intéressées

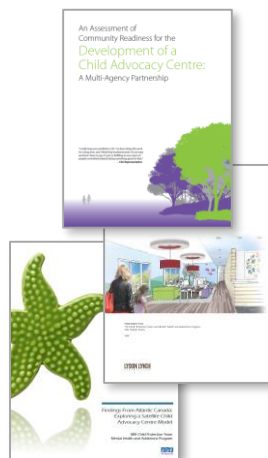
2010

Appel de
financement
de Justice
Canada

2011

Comité
directeur

Recherche
communautaire



Mission, vision et
principes directeurs



2012

Nom et
établissement
de la marque



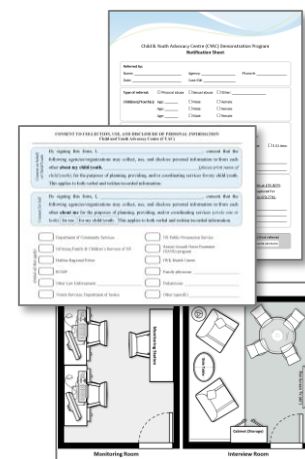
Plan d'activités



2012

Approche par
étapes?

Projet de
démonstration



Étude de
faisabilité sur
l'aménagement



2012

Lancement du programme



Étude de cas

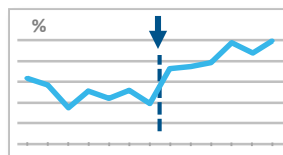


2013

Évaluation

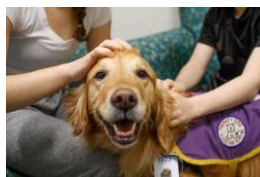


Arrivée d'un 2^e intervenant



2015

Chiens de thérapie



Ateliers pour fournisseurs de soins



2017

Chien accrédité



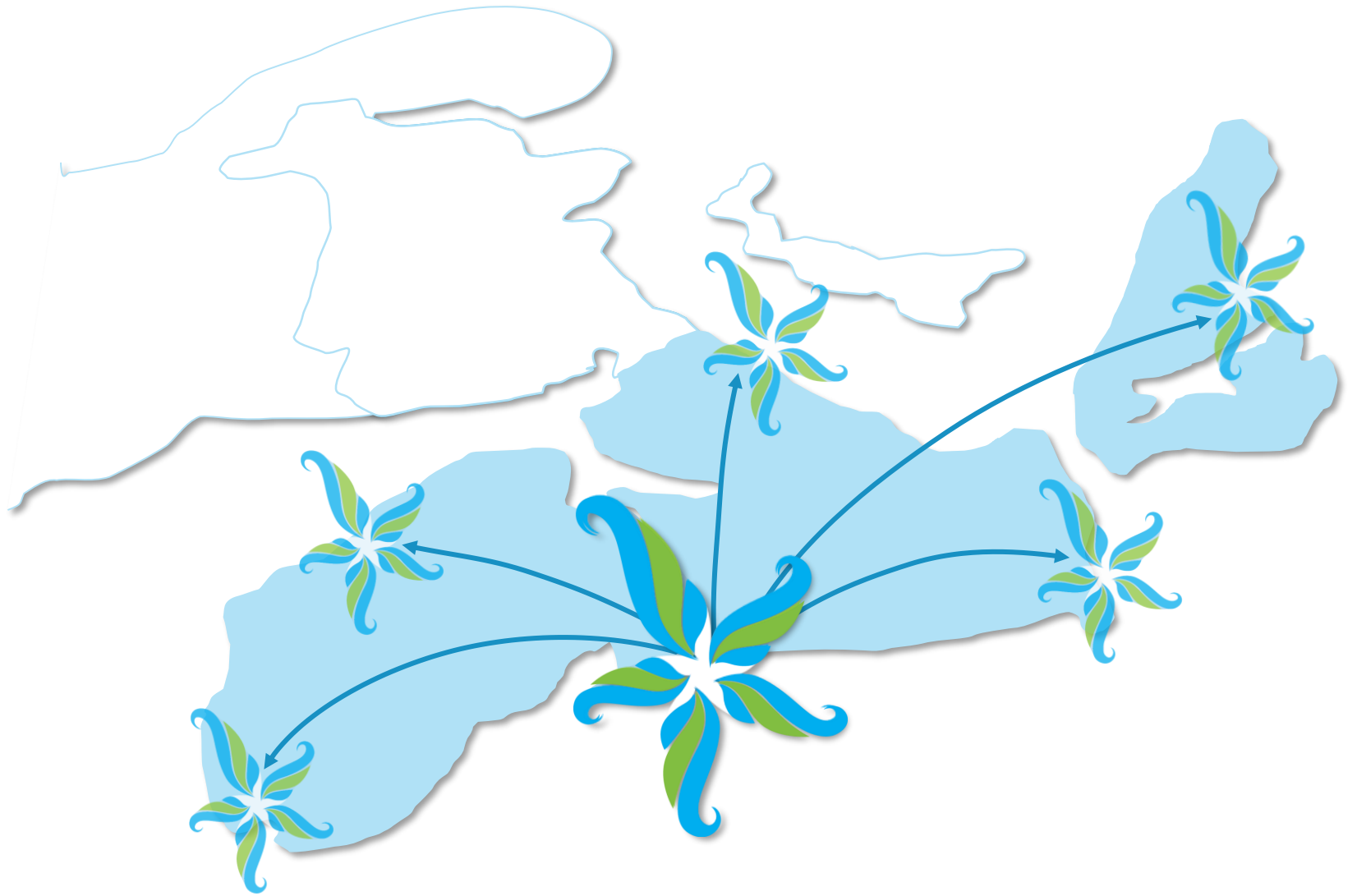
2018

Planification opérationnelle

Planification d'espace et de durabilité



Évaluation et analyse des données



















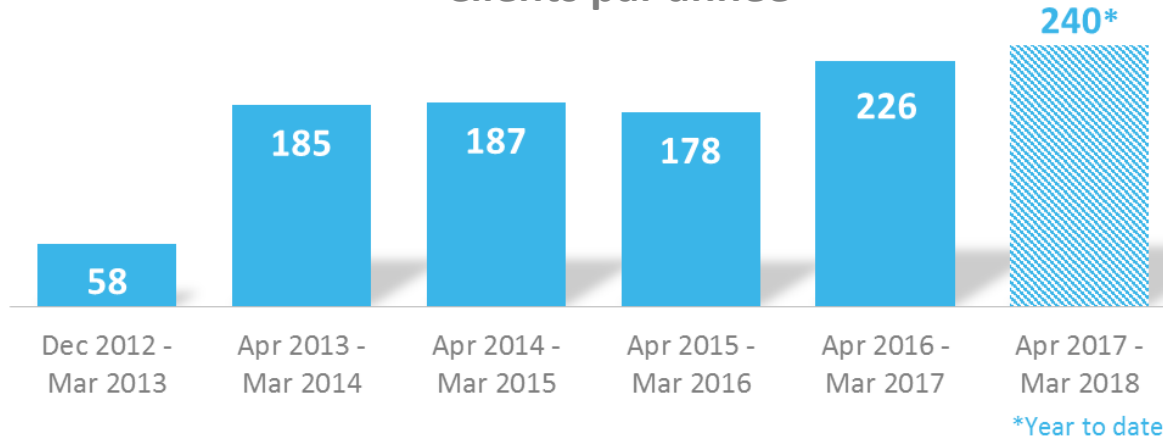




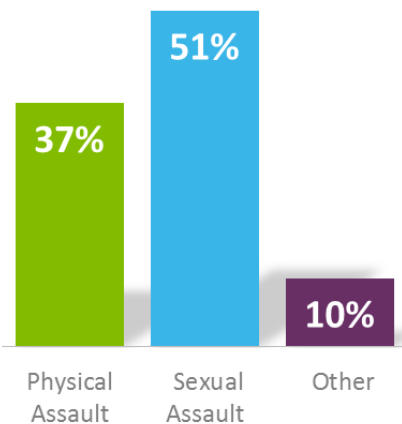
Plus de **1080** clients

Déc. 2012 à
mars 2018

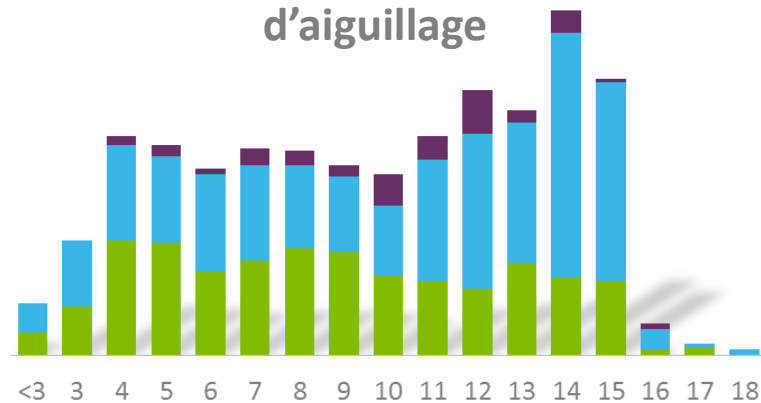
Clients par année

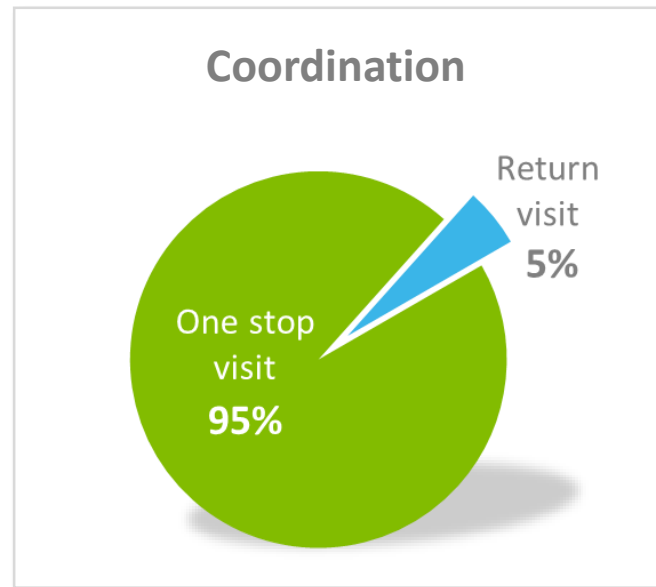
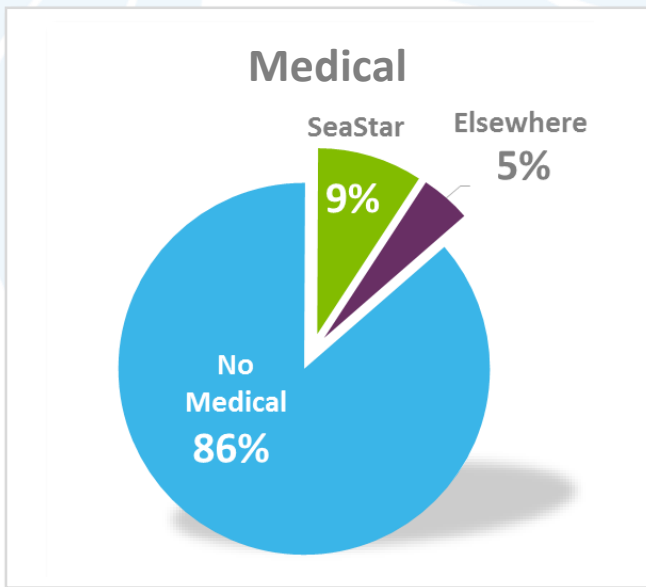
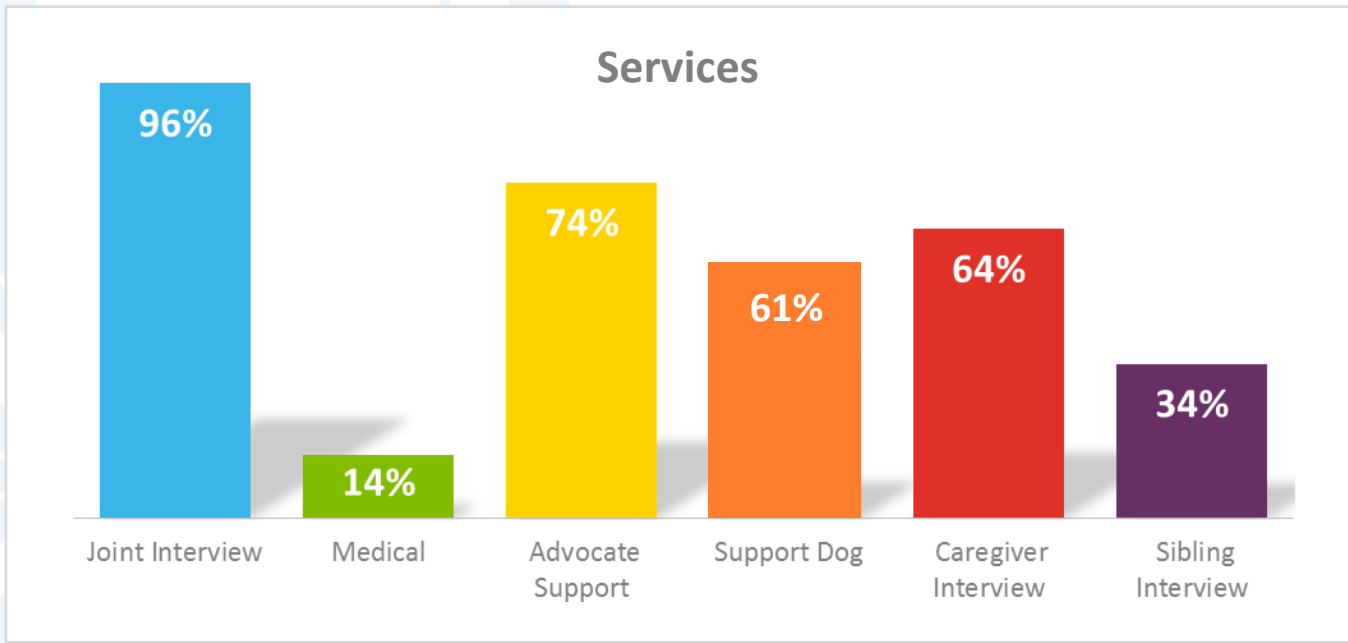


Type d'aiguillage



Âge des clients et type d'aiguillage







Points saillants du programme

I : INTÉGRATION MÉDICALE

II : ATELIERS PSYCHOPÉDAGOGIQUES

III : CADRE HOSPITALIER

IV : DÉBUT MODESTE

I : Intégration médicale

Équipe d'intervention en cas de traumatisme et de mauvais traitements présumés (START)



D^{re} Amy Ornstein



D^{re} Robyn McLaughlin



D^{re} Shasta Moser



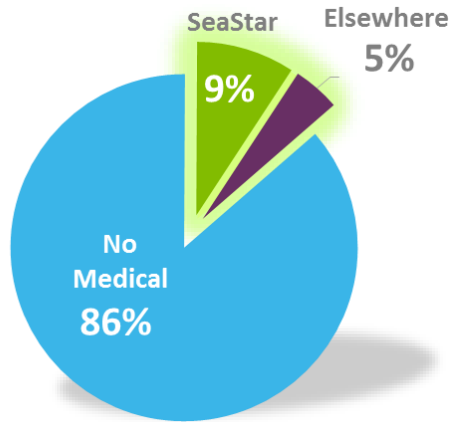
D^{re} Alyson Holland



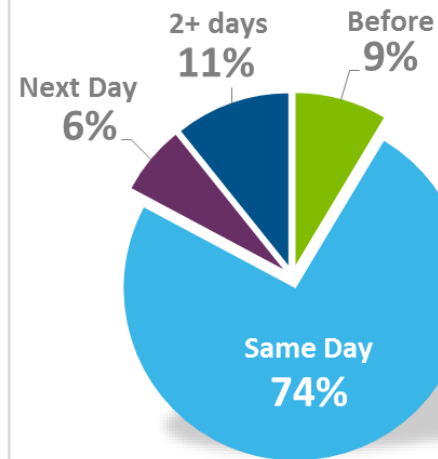
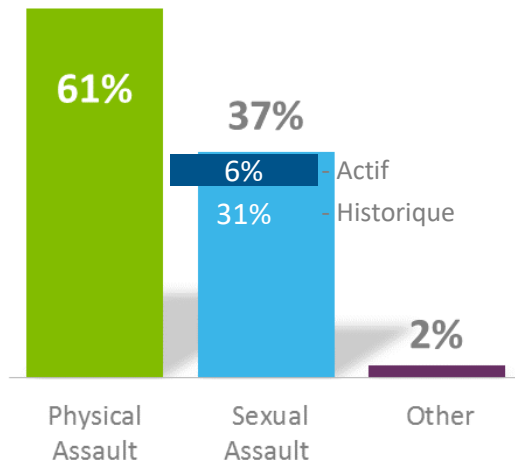
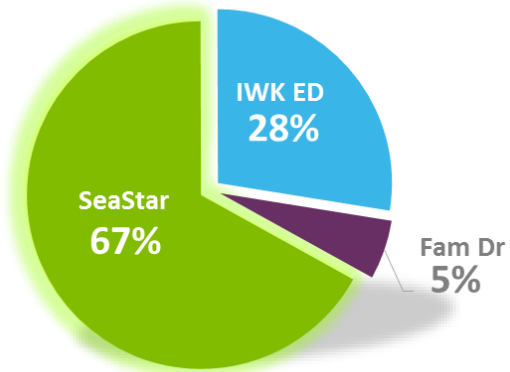
Angela Arra, ICS



Soins médicaux



Lieu



I : Intégration médicale

Service des urgences IWK



Cases of abuse/assault

Do Department of Community Services/
Police need to conduct a forensic
interview with the child/youth?

They may wish to
On-site child- & y
police-grade audi
Suspected Trauma

For more info & h

- See flowchart/CYAC Program
- Call START: Inta



Accessing the SeaStar CYAC Program via IWK Emergency Department

Concern of child abuse/assault identified

- Report to Department of Community Services (as per usual - Medical Report of Child Abuse form)
- If Acute Sexual Assault, contact SANE (as per IWK Sexual Abuse/Assault Policy #1377)

Is acute hospital admission needed?

Yes

No

Not eligible for
SeaStar CYAC
Proceed as usual

DCS/Police determine if they need to interview child/youth

Yes

Coordination & plan for care

DCS / Police / ED / EMHAS/ START / SANE (as applicable) coordinate to determine best timing & location of medical exam, interview, etc.

- Urgent medical/mental health needs take priority over forensic interview, as usual
- If Acute Sexual Assault, SANE exam should take place before forensic interview
- Non-urgent cases may not require an immediate interview and medical exam; these may be referred to START for follow up

A consult to START
may still be required

You may still contact
START at any time to
consult, discuss, or
with any questions

Accessing Interview Room

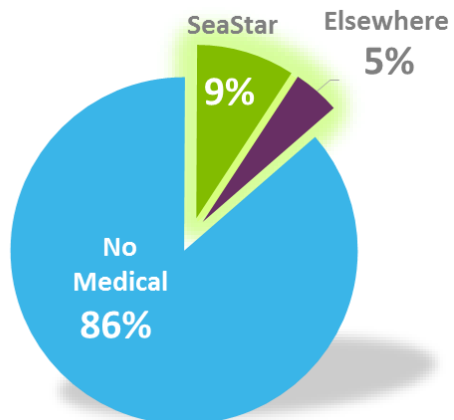
Weekdays: DCS/Police call START (Phone: 470-8079, Pager: 1836)

After Hours: DCS/Police access CYAC room via Protection Services (swipe card needed)

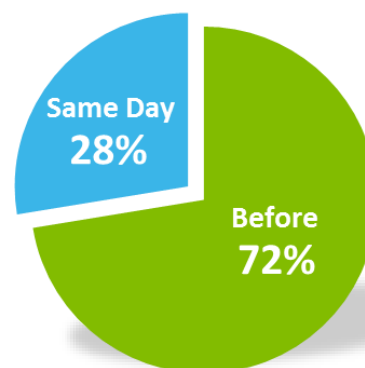
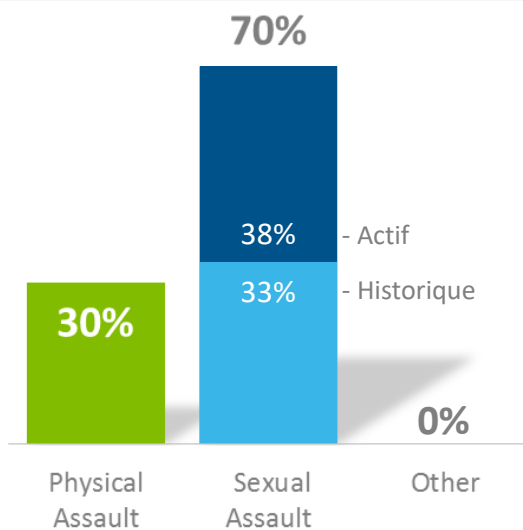
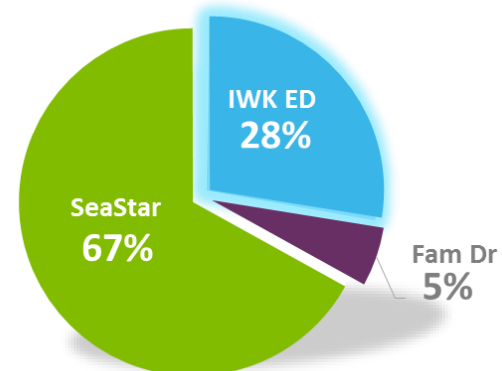
DCS/Police conduct interview

- Patient discharged from ED
- Patient accompanied to CYAC Interview Room by DCS/Police

Soins médicaux



Lieu



I : Intégration médicale

Autres services hospitaliers

- Prélèvements sanguins/laboratoire
- Photographie médicale
- Imagerie diagnostique
- Milieu de l'enfance



II : Ateliers psychopédagogiques

- Compréhension du traumatisme
- Encadrement affectif
- Yoga axé sur les traumatismes
- Méditation
- Enseignement de la pleine conscience aux jeunes
- Orientation dans le système juridique



Spring 2016

Monday	Tuesday	Wednesday
Apr 11	Apr 12	Meditation Hafsa Sham 1054 Tower 10 am to 11:30 am
Apr 18	Trauma Informed Yoga Hafsa Shamshukla Centre 1054 Tower Road 10 am to 11:30 am	Apr 19
Apr 25	Trauma and the Importance of Self Care Parker Reception Room 88V 6:30 to 8:30pm	Apr 26
May 2	Trauma Informed Yoga Hafsa Shamshukla Centre 1054 Tower Road 10 am to 11:30 am	May 3
May 9	May 10	Teaching & Business Skills and Youth Hafsa Sham 1054 Tower 10 am to 11:30 am
May 16	Becoming Your Child's Emotion Coach Parker Reception Room 88V 6:30 to 8:30pm	May 17
May 23	Meditation Hafsa Shamshukla Centre 1054 Tower Road 10 am to 11:30 am	May 24
	May 25	More on E Coaching Parker Rece 88V 6:30 to 8:30pm

SeaStar
Child & Youth Advocacy Centre

WHAT IS TRAUMA?
Trauma is a normal response to a situation our brain reads as dangerous.

When a person is going through an emergency situation, they are responding to a threat. Our brains are hard-wired with an "emergency response system" to help us deal with threats. This is our brain's way of trying to keep us safe in an unsafe situation. In that moment, our brain's main function is to get us through the emergency.

The brain helps us to survive by activating biological reactions involved in the "fight, flight or freeze" response. Adrenaline is released so your body is ready to move: to fight or flee. Your heart rate and blood pressure go up. If you can't fight your way out of the situation, or flee (run away), we "freeze". This is the human being equivalent of "playing dead."

When someone is traumatized by an event (or series of repeated events), they can get "stuck" in the freeze response. The adrenaline and other hormones that are telling our bodies there is an emergency keep flowing. So even when we are safe, our bodies do not really know that we are safe.

There's good news: brain scientists have recently learned a lot more about trauma. There are ways to help our bodies return to "safe" mode. There is much hope for healing. This is particularly true for children as their brains are still growing.

WV Health Centre

II : Ateliers psychopédagogiques

Plus de **1200** participants

Fournisseurs de soins et professionnels

« Cette épreuve dure depuis environ quatre ans... Après l'atelier de la semaine dernière, j'ai ressenti pour la première fois l'espoir que [ma fille] puisse s'en sortir. »

« Je me sens comme si on m'avait lancé une bouée de sauvetage. »

Cadre hospitalier

- Association de marque positive
- Infrastructure et frais généraux
- Établissement des priorités/priorités concurrentes
- Nombreuses facettes
- Échéances dans la prise de décision

Début modeste

- Consolidation des structures existantes
 - Démarrage à faible coût
 - Collecte de données
 - Approche de « conception créative »
-
- Croissance rapide
 - Perception et messages : « seulement 2 salles »
 - Capacité limitée, commercialisation prudente

Orientations futures

- Planification des activités/durabilité
- Expansion : espace et capacité
- Ateliers : élargissement de l'accès
- Recherche
- Réseau atlantique



Merci



@SeaStarCYAC



SeaStarCYAC



SeaStarDorado