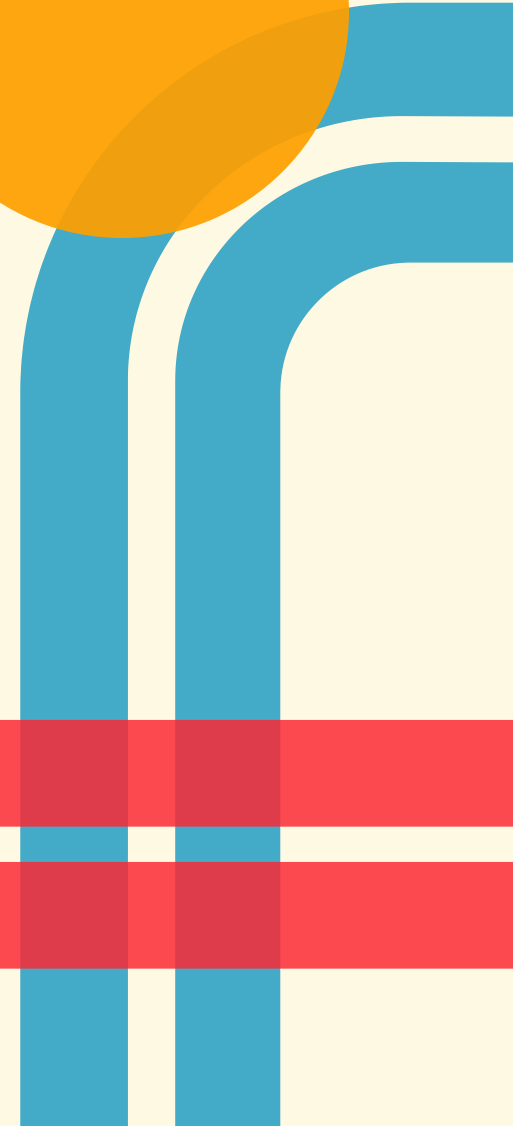


CYAC Collaboration and Partnership: Working with your MDT



Key Takeaways

Core principles of effective MDT collaboration

Building strong interagency relationships

Addressing common coordination challenges



About Boost CYAC

Who we are:

- **Umbrella agency for the CYAC model in Toronto region**
- **Provide administrative oversight, mental health, and advocacy services**

Our role:

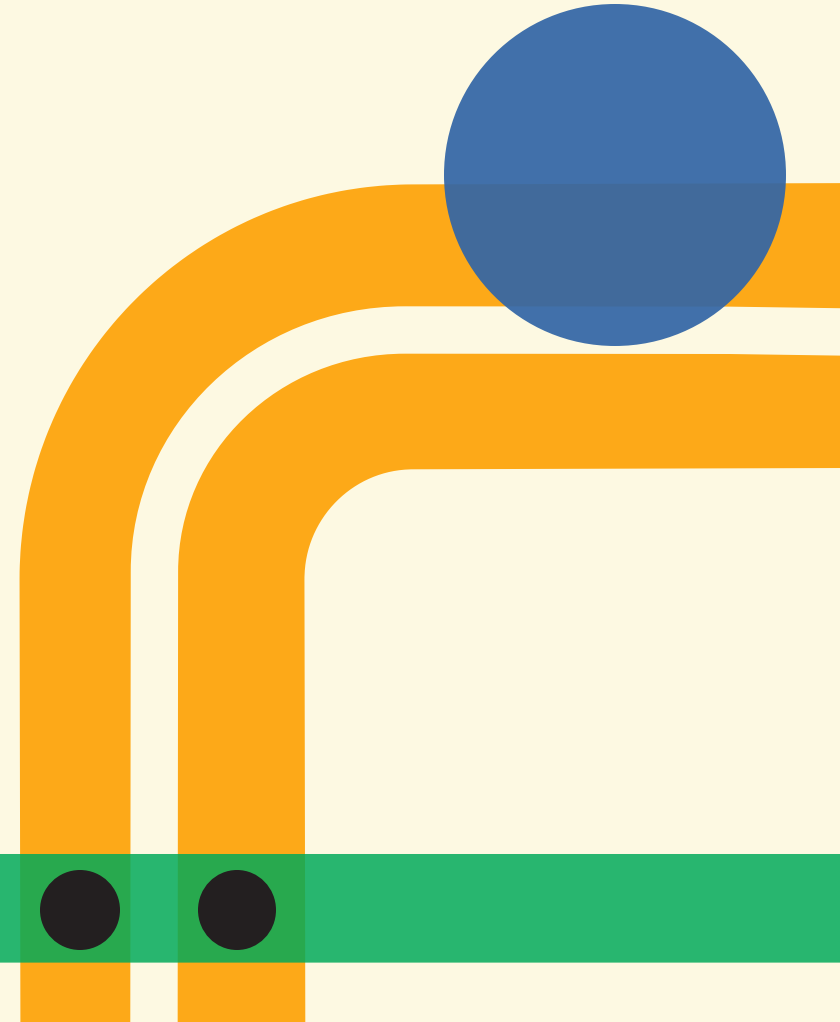
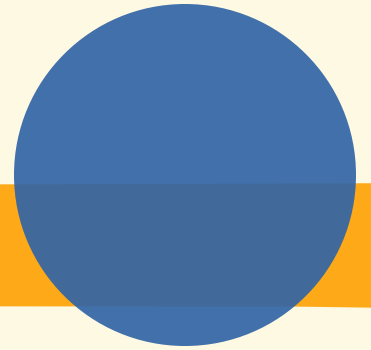
- **Facilitate coordinated, child-focused, trauma-informed responses**
- **Support multidisciplinary team integration and performance**





Understanding the MDT

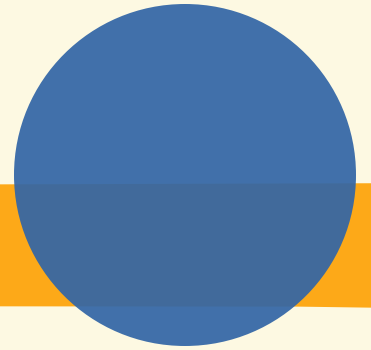
- **Who makes up the MDT?**
- **Each agency has a unique mandate**
- **MDT purpose: collaborative case coordination, safety planning, and trauma mitigation**





Boost CYAC's role in MDT coordination

- **Neutral coordination and administration**
- **Advocacy services to ensure child/youth voice and well-being**
- **Clinical supports**
- **Protocol development, training, case conferencing**





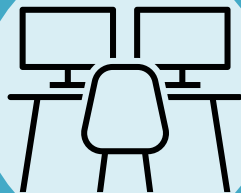
Core principles of effective MDT Collaboration

- **Child and youth-centered**
- **Trauma-informed**
- **Trust, respect, and transparency**
- **Shared goals and clear roles**
- **Confidentiality and ethical information sharing**
- **Cultural responsiveness and inclusion**



Building strong interagency relationships

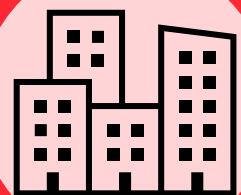
Joint training and onboarding



Regular communication



Shared physical or virtual spaces



Culture of mutual respect and learning





Common challenges in MDT coordination

Differing agency mandates and pressures

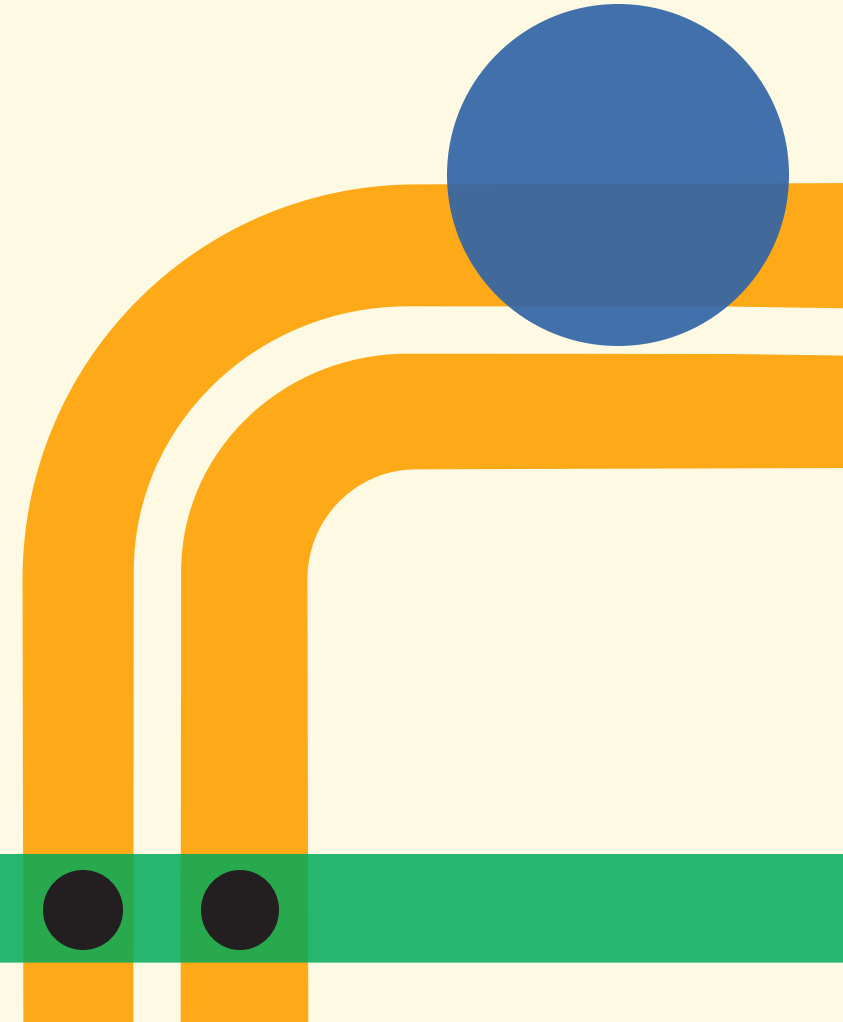
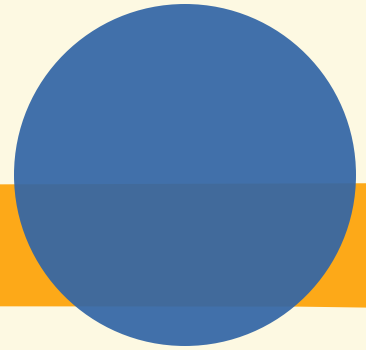
Staffing constraints

In office vs hybrid work environments

Communication silos

Role overlap

Secondary trauma and burnout





Strategies to enhance MDTs

Clear protocols and interagency agreements

Leadership engagement and accountability

Wellness strategies for teams

Celebrating successes and creating feedback loops

Creating opportunities for social connection



Strategies to enhance MDTs

- **Formal**

- **Co-Location / shared site**
- **Agreements (MOU / LOA)**
- **Joint protocols**
- **Weekly MDT meetings**
- **Monthly management meetings**
- **Case Reviews**

- **Informal**

- **On the spot consults**
- **Relying on expertise of MDT partners**
- **Social events & lunches**



Thank you

Boost CYAC
boostforkids.org